



EVERHART MUSEUM
NATURAL HISTORY. SCIENCE. ART.
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For Immediate Release

Press Photographs are Available Upon Request

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Engage with OurSELF: The Everhart Museum's Thoughtfully Interactive Exhibit Fostering Open-Dialogue Surrounding Mental Health

Scranton, PA ----Do you enjoy challenging your perspective in order to expand your mind? Now through April 29, 2019, guests visiting the Everhart Museum have the chance to go on a journey through a sequence of experiences that represent the human condition during the span of an hour, a day, a year, or a lifetime. Newly opened, ***OurSELF: A Reflection of Us*** is an interactive art exhibition created by Scranton's The Pop Up Studio that focuses on the topic of mental health. Through this art installation, the Everhart and The Pop Up Studio hope to advance a much-needed and long-overdue conversation about mental health. While moving through the galleries, visitors are encouraged to question their understanding of their environment and their ability to control it amidst emotional and sensory encounters.

HerSELF: Through the eyes of Amy Kiser serves as an inspiration and conceptual launching point for the ***OurSELF*** exhibition. Artist Amy Kiser provides insight into ***HerSELF*** by vulnerably exposing powerful and traumatic incidents she had endured. Through color washes and scratchy line work, Kiser created layers that represent those that are ever-developing inside all of us. Utilizing paint and lithographic prints, her work is haunting and relatable.

The following programs will encompass the theme of the exhibition and help generate action and reflection, advancing the conversation about mental health.

OURSELF GROUP GUIDED TOURS

Scheduled weekdays by appt.

10:00 am – 11:30 am for 7th – 12th grade

or 12:00 pm – 1:00 pm for adults

Guided tours of *OurSELF* and *HerSELF* can be scheduled in advance based on staff availability.

WEEKEND MINIS

February 2 – March 2, 2019

10:00 am – 12:00 pm

K – 6th grade

\$40 per child

Everhart Weekend Minis will explore color as communication in this 5-week art workshop series.

EVERHART READS

February 14, 2019

6:00 pm – 7:00 pm

Adult

FREE

Join our monthly book club as we discuss *Never Broken*, an autobiography by Jewel about overcoming hardship.

OURSELF COMMUNITY DAYS

IN PARTNERSHIP WITH the LRJ FOUNDATION

February 16, March 16, and April 13, 2019

1:00 pm – 4:00 pm

All Ages

FREE

This day includes free guided tours of the *OurSELF* exhibition, as well as an open studio walk-in workshop.

EVERHART DROP-IN ART WORKSHOP FOR ADULT CARETAKERS

February 16, March 16, and April 13, 2019

Drop-in between 1:00 pm – 2:30 pm

FREE

Learn how to connect with your loved ones through art-making at this open studio workshop for adult caretakers.

BREAKING GROUNDS POETS POETRY SLAM

April 6, 2019

5:00 pm – 7:00 pm

FREE

The BGP Slam series is the only youth poetry slam competition in NEPA. High school students face off to deliver iconic, original poems that are judged by artistic leaders in the NEPA community.

**MENTAL HEALTH MATTERS: AN OPEN PANEL ON MENTAL HEALTH AND SUICIDE
AWARENESS**

April 11, 2019

6:00 pm – 7:30 pm

Adult

FREE

In partnership with the LRJ Foundation, the Everhart will present a panel on mental health and suicide awareness.

EVERGREEN SENIOR ARTS CLUB

April 18, 2019

3:00 pm-5:00 pm and 5:00 pm-7:00 pm

FREE for seniors 55+

For the April session, students will explore the OurSELF and HerSELF exhibitions and respond through the creation of artwork in this two-hour workshop.

The Everhart Museum is open: 12:00pm – 5:00 pm on Thursday, Friday and Monday; 10:00 am – 5:00 pm on Saturday; and 12:00pm – 5:00 p.m. on Sunday. **Admission is \$7/adults, \$5/students & seniors, \$3/children 6-12, and free to guests five and under as well as Everhart Museum members.** For more information, contact the museum at 570-346-7186 or email general.information@everhartmuseum.org.

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About the Everhart Museum: Founded in 1908, the Everhart Museum of Natural History, Science & Art is the largest general museum in Northeastern Pennsylvania. The Everhart Museum, located in Nay Aug Park in Scranton, is a not-for-profit institution dedicated to the collection, care and display of a diverse array of artifacts, including natural history, science, and fine arts. Through our exhibitions and programs, the Everhart Museum has become an invaluable regional resource for educational and cultural opportunities. General support for the museum is received from the Lackawanna County Office of Education & Culture, the Pennsylvania Council on the Arts, and the City of Scranton. For more information on the Museum, visit our website at www.everhart-museum.org or contact us at 570-346-7186.